



## New moon in *Sagittarius*

The New Moon in Sagittarius brings optimistic energy and the desire to do fun things and travel. It's a philosophical sign that loves to learn. New Moons are a time for thinking about what you want to manifest for the coming month.

YOUR NEW MOON WISHES... I WANT TO MANIFEST THE FOLLOWING 3 THINGS...

IT'S NOT ALL DOWN TO MAGIC! WRITE DOWN ONE THING YOU'LL DO TO GET CLOSER TO EACH WISH. GIVE THE UNIVERSE A SIGN THAT YOU REALLY WANT IT.

SAGITTARIUS IS AN ADVENTUROUS AND PHILOSOPHICAL SIGN THAT LOVES TO LEARN. THINK OF SOME WAYS YOU CAN PUSH YOURSELF OUT OF YOUR COMFORT ZONE OR EXPAND YOUR KNOWLEDGE OVER THE NEXT FORTNIGHT.

E.G. BOOK A COURSE, READ AN EDUCATIONAL BOOK, CLIMB A MUNRO, DO SOMETHING THAT EXCITES AND INVIGORATES YOU.

File this paper and return to it next month to see what you have achieved and whether you need to let anything go.



**nibbled apple**  
Be happy, not perfect.



## Things to do for a New Moon in *Sagittarius*

- Sagittarius is all about travel and adventure. List some places you would like to visit next year. Spend time imagining yourself there. Picture even the smallest details. Or you could book a holiday or read a travel blog.
- Optimism abounds during this New Moon. What are you worried most about? Now is a good time to let it go and trust the universe's plan. Light a candle and say to yourself, "I trust that things are unfolding exactly as they need to".
- It's time for fun! Try not to take things too seriously this week. Be silly. Watch a funny movie. Get daft with children.
- Publishing falls under the sign of Sagittarius. Write a guest blog post, self-publish an e-book or tinker about with poetry.
- Reflect on what you have learned during the last few weeks of Scorpio season. What fears or negative patterns or behaviours have held you back? What brave and bold steps can you take to overcome the hurdles? Start now.
- Look over your New Moon wishes and really imagine them coming true. This is a vital step in manifestation. Picture how you feel when your book gets published, imagine yourself lying on a beach sipping cocktails with the warm sand on your toes etc.
- Get connected with New Moon energy by meditating while holding crystals such as labradorite, black tourmaline, clear quartz, moonstone or selenite. Smoke cleanse your house to remove any negative energy.

### AFFIRMATIONS TO SAY THROUGHOUT THE DAY

- I am optimistic that next year will bring me what I need.
- My dreams are achievable. I have everything I need to get them